

LAPORAN PENELITIAN

KINERJA ALUMNI PRODI PKO SEBAGAI GURU PENJAS DI SEKOLAH

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Abstrak

Penelitian ini bertujuan untuk mengetahui kinerja alumni Prodi PKO Jurusan PKL FIK UNY sebagai guru penjas di sekolah. Sebagai guru penjas, alumni PKO telah dibekali material perkuliahan tentang penguasaan bidang studi, pemahaman tentang peserta didik, penguasaan pembelajaran yang mendidik, dan pengembangan kepribadian dan keprofesionalan. Oleh karena itu, alumni PKO juga mendapatkan Akta IV sebagai bukti bahwa berbagai matakuliah yang ditempuh mampu mendasari lulusannya sebagai seorang guru penjas di sekolah.

Metode penelitian yang digunakan adalah survey. Sampel yang digunakan adalah semua alumni Prodi PKO Jurusan PKL FIK UNY yang menjadi guru baik di sekolah negeri maupun swasta dari tingkat sekolah dasar sampai perguruan tinggi. Teknik pengambilan sampel dengan *quota sample*, sejumlah 68 guru penjas disekolah lulusan dari Prodi PKO. Instrumen pengumpulan data yang dipakai adalah angket dengan empat faktor, yaitu (1) penguasaan bidang studi, (2) pemahaman tentang peserta didik, (3) penguasaan pembelajaran yang mendidik, dan (4) pengembangan kepribadian dan keprofesionalan. Analisis data menggunakan analisis deskriptif dan non-statistik.

Hasil penelitian ini menunjukkan bahwa rata-rata kinerja alumni Prodi PKO sebagai guru penjas di sekolah adalah sangat baik. Hasilnya (1) 91,48% menguasai bidang studi, (2) 93,38% memahami tentang peserta didik, (3) 93,25% menguasai pembelajaran yang mendidik, dan (4) 93,14% mampu mengembangkan kepribadian dan keprofesionalan.

A RESEARCH REPORT

**THE PERFORMANCE OF ALUMNI OF DEPARTMENT OF COACHING EDUCATION
AS PHYSICAL EDUCATION TEACHERS IN SCHOOLS**

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Abstract

This research aims at determining the performance of alumni of Department of Coaching Education, Faculty of Sport Science, Yogyakarta State University, as teachers of physical education in schools. As physical education teachers, the alumni of Department of Coaching Education have been supplied with materials related to mastery of the subjects, understanding the students, mastery of instructional methods, and self and professionalism development. Thus, the alumni of Department of Coaching Education also acquire Akta IV (Teaching License) which states that the graduates of Department of Coaching Education are capable in teaching physical education in schools.

This study used survey as the research method. The samples were all alumni of Department of Coaching Education, Faculty of Sport Science of YSU who were working as teachers in both state and private schools from the elementary level up to the university level. The samples were determined through the *quota sample* method. The number of the teachers were 68. The instrument of data collection was in the form of questionnaires containing 4 main factors: (1) subject mastery, (2) understanding the students, (3) mastery of instructional methods, and (4) self and professionalism development. The data were analyzed using descriptive, non-statistic analysis.

The result of this research showed that in average, the performance of the alumni of Department of Coaching Education as the teachers of physical education in schools was very good. The results showed that (1) 91,48% of the teachers mastered the subject, (2) 93,38% of the teachers understood the students, (3) 93,25% of the teachers master instructional methods, and (4) 93,14% of the teachers were able to develop their personality and professionalism.